



the student wellness center

* reflection *
* connection *
* intention *

Therapy dogs

Thriving@Dartmouth - a wellness course for PE credit

BASICS: Brief Alcohol Screening & Intervention for College Students

Student groups, including Dartmouth on Purpose, Movement Against Violence & Sexperts

DBI: the Dartmouth Bystander Initiative

Massage chair, sun lamp, fresh fruit & coloring

Safer Sex Bar... condoms, lube & more!

Yoga classes

4-week Koru Mindfulness class

1:1 Wellness Coaching sessions

Blitz

student.wellness.center@dartmouth.edu

to get on the dog list & sign up for programs

OR

Stop by 3rd floor Robo!