## **SEXUAL VIOLENCE PREVENTION PROJECT (SVPP)**

## **20S STUDENT UPDATE**

Vol. 1



SVPP@Dartmouth.edu



Dartgo.org/SVPP

Hello everyone,

You are all reading this letter in circumstances that none of us could have predicted. There is so much uncertainty in all of our lives right now, and it seems in many ways that what we considered "normal" has ceased to exist at all. Whatever you may be feeling about these changes, it is valid. It is also valid to expect that when we all return to campus, many things will be different.

With this first SVPP Student Update, which was in the works long before the pandemic, we hope to keep you informed termly and let you know that our efforts to change campus culture and ultimately reduce if not eradicate sexual and relationship violence are continuing. Violence hasn't stopped because of the virus, and our prevention work will continue - albeit in different formats for a while. Sexual violence prevention is still important, as well as keeping you all informed, and we are doing everything possible to make sure the curriculum and plans laid out for the SVPP remain in place. The '23s are currently completing the final component of their First-Year Experience remotely as we continue to develop and pilot the components for their second year.

Thank you for your help, participation, support, and feedback as we continue to build and implement the SVPP! If you have additional questions or would like to get involved, visit Dartgo.org/SVPP or reach out to SVPP@dartmouth.edu. The SVPP

team and the rest of the staff in the Student Wellness Center are here to support you and look forward to the day when we are all back on campus.

Warmly, Amanda Childress



## **SPCSA: Resource Flowchart**

A comprehensive compilation of the resources available to those who have been impacted by sexual violence.

Includes: levels of privacy / confidentiality, specific uses, and how to access each resource.

Access the online version of the flowchart with this QR code.



## TL;DR

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Letter from the Assoc. Director of SVPP, the TL;DR, and SPCSA's flowchart of sexual violence resources for survivors

### Acronyms - pg. 2

SVPP, DBI, SPCSA, SAPA, etc. An explanation of Dartmouth's acronyms related to sexual violence

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The what, why, and how behind the SVPP and where it will go from here

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## FIRST OFF... WHAT DO ALL THE ACRONYMS MEAN?

## College Initiatives

Campus-wide projects to improve culture and prevent sexual violence\*

## Campus & Community Resources

Support, emergency & medical resources for those impacted by sexual violence\*

### Student Involvement

Main avenues for students to be involved in sexual violence\* work

## MDF SVPP

four-year curriculum (in development) - part of MDF

L→ DBI

a series of bystander intervention programs (will be included in SVPP)

Inclusive Excellence
C3I

## WISE Title IX

Counseling

College Chaplain

S&S / DoSS HPo / HPD

Health Service (Dick's House)

#### **DHMC**

visit **sexual-respect.dartmouth.edu** for a more comprehensive list of resources

SAPA
SPCSA
SVPP SAB

**SVPP Student Facilitators** 

visit **dartgo.org/getinvolved** for a more comprehensive list of ways to be involved

\*sexual violence includes sexual assault, dating and relationship violence, stalking, and sexual & gender-based harassment

MDF (Moving Dartmouth Forward): A presidential initiative, launched in 2014, that includes a number of projects to address high-risk drinking, sexual violence, and inclusivity on campus. The SVPP is one of those projects. For more information check out forward.dartmouth.edu.

**SVPP (Sexual Violence Prevention Project):** A comprehensive & mandatory four-year sexual violence prevention curriculum that is being developed for undergraduate students to reduce sexual assault, dating violence, stalking, and harassment by cultivating and strengthening positive, life-long skills. For more information check out <a href="mailto:dartgo.org/svpp">dartgo.org/svpp</a>.

DBI (Dartmouth Bystander Initiative): Developed in 2012, this campus-wide strategy to prevent sexual violence aims to mobilize the Dartmouth community to be active bystanders through a variety of workshops and events. For more information check out <a href="mailto:dartgo.org/dbi">dartgo.org/dbi</a>.

**Inclusive Excellence:** Not an acronym but the second presidential initiative, announced in 2016, includes a number of projects aimed to foster inclusion at Dartmouth through increasing faculty/staff diversity and transparency, building a more inclusive community, learning from the past, and holding our community accountable. For more information check out <u>inclusive.dartmouth.edu</u>.

C3I (Campus Climate and Culture Initiative): The third and final presidential initiative, announced in 2019, includes projects that complement MDF and Inclusive Excellence, by working to ensure that academic learning and research take place in an environment that is free from sexual harassment and the abuse of power. For more information check out dartgo.org/c3i.

**WISE:** A community-based organization with confidential advocates who support anyone impacted by sexual or gender-based violence. WISE provides free one-on-one support, a 24/7 hotline, and other advocacy services. WISE has specialized advocacy for Dartmouth and an office on campus. Advocacy is available to all students, faculty & staff.

**Title IX:** Federal law that protects all people from discrimination based on sex; this includes sexual & gender-based harassment, sexual assault, intimate partner violence, & stalking. Our Title IX office is responsible for making sure the College abides by this law & addresses response, adjudication, compliance, training, & prevention for all of campus.

**S&S / DoSS (Department of Safety & Security):** Provide 24/7 services to the Dartmouth community; collaborate with HPD and other resources.

**HPo / HPD (Hanover Police Department):** The local police department.

DHMC (Dartmouth-Hitchcock Medical Center): The local hospital.

**SAPA (Sexual Assault Peer Alliance):** A group of students who have been trained in active listening and trauma response to provide support and resources to peers who have been impacted by sexual & gender-based violence.

#### SPCSA (Student and Presidential Committee on Sexual Assault):

Student committee who act as an intermediary between the student body and the administration, faculty/staff, and alumni to address student concerns about sexual violence on campus.

**SAB (Student Advisory Board):** A think tank of students for the SVPP who conduct interviews with other students, help develop and pilot new components, give feedback, and guide implementation for the SVPP.

## SEXUAL VIOLENCE PREVENTION PROJECT

Sexual violence (sexual assault, dating violence, stalking, and harassment) has had a direct impact on our community and we are doing something drastically different in order to shift the culture on campus and reduce harm.

WHY?

In 2015, as part of President Hanlon's Moving Dartmouth Forward (MDF) initiative, he announced that we would "introduce a comprehensive and mandatory four-year sexual violence prevention and education program for all undergraduate students." Since then, a core team in the Student Wellness Center, along with other members of the Dartmouth community, have been researching, designing, developing, and are now beginning to implement this four-year curriculum, currently known as the Sexual Violence Prevention Project (SVPP). With your help, we officially launched the SVPP and the First-Year Experience, this past fall, with the class of 2023!

#### WHAT? Reduce Sexual Violence by Developing Using Positive Resources & Relationships Supporting & Sexual Others Behavior Changing Culture Using Your Checking-in & Power to Stepping-in Foster Equity & Belonging **Four Outcomes**

SVPP is one piece of a larger strategy to prevent sexual violence at Dartmouth.

The SVPP is an asset-based, comprehensive, and mandatory four-year sexual violence prevention curriculum designed to change Dartmouth culture by increasing positive behavior and helping students cultivate and strengthen life-long skills to:

- **Outcome 1:** Use **resources** if needed & **support** those who have been impacted by sexual violence
- Outcome 2: Develop positive relationships & positive sexual behavior
- Outcome 3: Use your power in positive ways to foster equity & belonging
- **Outcome 4**: **Check-in** & **step-in** across the spectrum of harm to prevent sexual violence

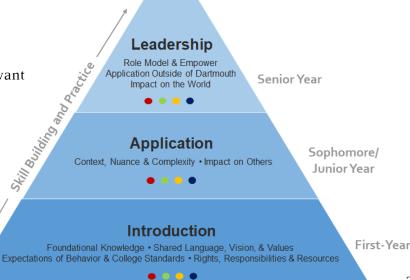
To provide a comprehensive and effective experience, students will engage with multiple SVPP components each year which align with the four outcomes and build upon the knowledge and skills acquired in previous years.



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#### The SVPP curriculum is and will continue to be:

- Focused on active skill-building
- Created in collaboration with students
- Research based, theory-driven, and culturally relevant
- Timed with students' intellectual, cognitive, and social development
- Infused into a variety of existing structures
- Inclusive of varied teaching methods to account for different learning styles (in-person, online, experiential, and will include independent options)
- Opportunities for students to connect, reflect, and put their learning into intentional and meaningful action



## SVPP: First-Year Experience includes three components:

- 1. Online Course
- 2. New Student Orientation
  - 3. First-Year Sessions

## **SVPP:** FIRST-YEAR EXPERIENCE

The three components of the SVPP First-Year Experience will introduce students to the following regarding each of the four outcomes:

- Foundational knowledge
- Our shared language, vision, and values
- Our expectations of behavior and the College's standards, students' rights, responsibilities, and resources
- Skill-building and practice.

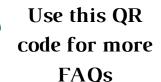
Students come to Dartmouth with very different backgrounds, experiences, levels of comfort, knowledge, and skills around sexual violence prevention. While some components of the SVPP curriculum may feel redundant or like "common sense" to you, other students are being exposed to this content for the very first time. The SVPP: First-Year Experience was intentionally designed, with the help of upperclass students, to ensure that all first-years are on the same page and can build on this foundation throughout their time at Dartmouth.

• H. D. B.C. LOIL • H. V. D. L. D.W. W. L.			
<ul> <li>Use Resources &amp; Support Others</li> <li>Develop Positive Relationships &amp; Positive Sexual Behavior</li> <li>Use Your Power in Positive Ways to Foster Equity &amp; Belonging</li> <li>Check-in &amp; Step-in</li> </ul>	2017-18  Class of '21  (Baseline data)	2018-19 Class of '22 (Expected)	2019-20 Class of '23 (Required/Mandatory)
1. Online Course Provides foundational knowledge and a shared language			
Pre - Sexual Assault Prevention for Undergraduates (SAPU)*	96%	98%	<b>99.6%</b>
	(1165 students)	(1145 students)	(1191 students)
2. New Student Orientation Provides the College's vision and values, expectations of behavior, standards of conduct, stu	dent's rights and responsi	bilities, and resources	
NSO - Achieving Community Together: Principles that Define Us*	95%	92%	<b>95%</b>
	(1158 students)	(1078 students)	(1131 students)
NSO - Life@Dartmouth: Making Dartmouth Y(OURS) and	87%	91%	<b>96.5%</b>
Healthy Relationships & Positive Sexualities*	(1059 students)	(1063 students)	(1150 students)
3. First-Year Sessions Provide skill-building and practice in each of the four outcomes			
• FYS1 - Sexual Violence Resources*	57 %	79%	<b>91.5%</b>
	(698 students)	(927 students)	(1083 students)
FYS2 - Relationship Goals*	26%	62%	<b>96%</b>
	(314 students)	(730 students)	(1135 students)
• FYS3 - Diversity, Equity & Inclusion*	9% (111 students)	40% (474 students)	In progress
FYS4 - Recognizing Moments of Potential Harm*	40%	56%	<b>82%</b>
	(487 students)	(656 students)	(970 students)

## YOUR SVPP FAQs, ANSWERED

#### Why do I have to do this? What's the point?

Unfortunately, most people are or will be affected in some way by sexual assault, dating violence, stalking, or harassment, and that's not ok. This is a cultural problem not just at Dartmouth, but nationally and globally. If every one of us learned and used the skills to prevent harm before it occurred, we could create a better and safer Dartmouth, and a better and safer world. The skills acquired through the SVPP are not only useful at Dartmouth, but are intended to be transferable to students' personal and professional lives long after Dartmouth. Changing culture starts with us, all of us, changing one behavior at a time.





## Student Feedback at Work

## Lots of '22s said...

## Some changes made for the '23s

Spread the First-Year Sessions out over the terms instead of having all four crammed into fall

'23s attended two First-Year Sessions during fall, one in winter and the final during spring term

I had practice, work, lab, etc. Would have liked to pick a session that fit my schedule



'23s can now pick from over 40 sessions, over 4 weeks, to find times that fit their schedules

I got busy/forgot; having a make-up opportunity would be really helpful



Multiple make-up opportunities were provided for '23s to fulfill their first-year obligations

I wish I could have attended with my friends instead of having to go with my whole floor



'23s now register online and can choose to attend sessions with their friends or floormates

Common rooms were dark, messy, and cramped; we had to sit on the floor for our sessions



First-Year Sessions are now held in classrooms w/ good lighting, space, tables & chairs

## '23s: Would You Recommend this Program to a Friend?

Relationship Goals

Sexual Violence Resources

**Recognizing Moments** of Potential Harm

Yes - 73%

(807 out of 1106 students)

(**822** out of 993 **students**)

Yes - 83%

"The activities were thoughtprovoking and they would be

"It was helpful to hear and talk about how & when to use resources for myself or to support a friend as opposed to just getting a sheet..."

"It was super relevant to actual experiences that I've had literally within the past few days here..."

helpful for many different types of relationships"

> "Because it's nice information to have in order to care for each other."

Yes - 78%

(**719** out of 918 **students**)

"Because it provides realistic situations that we face on a daily basis and make us reflect on how/when we should step in."

"It's very helpful, particularly with the repetition to ensure that you'd be comfortable intervening..."

"No" included responses about being busy, that info could be found online, sessions being helpful but repetitive from previous programs or that students knew the info before coming to Dartmouth, too long or not long enough to go in-depth, etc.

## **Building the SVPP: Second-Year Experience**

Piloting workshops with sophomores in the Greek community

## **Dartmouth Bystander Initiative (DBI)**

The Greek community completed a 5th year of supporting 'Bystander Intervention in the Greek Community,' a DBI workshop co-developed with upperclass students. This is the **first of three sexual violence prevention workshops the Greek Leadership Council (GLC) requires for all new members.** This workshop equips all students interested in joining Greek organizations with critical skills needed to prevent sexual violence.

Each workshop helps potential new members build skills to:

- recognize their role as a member of the Greek community in preventing sexual violence,
- 2) identify potentially harmful behavior in ambiguous situations,
- 3) recognize common barriers to intervening that new members often encounter,
- 4) identify realistic options to intervene, and
- 5) initiate change by taking action to prevent harm.

This workshop **builds on the SVPP First-Year Session: Recognizing Moments of Potential Harm** and are facilitated by Ben Bradley, SWC's Asst. Director for Violence Prevention alongside, a Greek affiliated student leader.

Fall term,

22 workshops
over 2 weeks

~700 students
participated during
Greek recruitment



Winter term,
476
new members
of the Greek
community
completed RSA

## Relationships, Sex, and Alcohol

'Relationships, Sex, and Alcohol' (RSA) is the **second of three sexual violence prevention workshops the GLC requires for all new members** of the Greek
community. This workshop, co-developed with students, is designed to help new
members strengthen positive behavior around friendships/relationships, hookups/sex, and alcohol as they join the Greek community. Hosted in Greek houses
and tailored to each organization with the insights of their older Greek leaders,
this workshop **builds on the SVPP First-Year Session: Relationship Goals** by
providing an intentional space for new members to reflect and discuss how to
increase positive experiences surrounding these core questions:

- What kinds of experiences would you like to have?
- What gets in the way of having positive experiences?
- What can you do to contribute to strengthening an environment where positive experiences actually occur?

## How to Support a Friend

Through peer interviews, feedback, and participation in

numerous program pilots, the SVPP Student Advisory Board played an integral role in helping the SVPP team & Counseling staff shape 'How To Support a Friend.' This sophomore level workshop provides transferable skills and **builds on the SVPP First-Year Session: Sexual Violence Resources.** Using a trauma-informed approach, students will enhance their interpersonal skills around active listening, empathy, communication, boundary setting, and appropriate referrals. '23s will participate in 'How to Support a Friend' during their sophomore year.

# Thank You

to our current and former Student Facilitators, Student Advisory Board, Interns, MAVs, GLC, UGAs, SPCSA, First-Year Trips, and everyone who has participated, provided feedback, supported, and helped as we collectively work to build a safer Dartmouth community.

2018-2020

## **Student Facilitators**

Kayleigh Abbott '20 Alex Conway '20 Micah Croom '20 Maggie Flaherty '21 Sophie Frey '20 Shoshana Geller '20 Mikayla Hubner '21 Sam Hussey '20 Angie Janumala '22 Katherine Kane '20 Lex Kang '21 **Ruthie Nordhoff '20** Morgan Pak '21 Sarah Park'21 **Darley Sackitey '21** Marcus Shaw '20 **Brie Sheehan '20** Sophie Stone '21 Winston Wang '21 Nicole Werner '21 Jane Xu '20 Tim Yang '21

2018-2020

### **SVPP Interns**

Sade Akinfe '20 Alex Conway '20 Madeline Donahue '21 Wyatt Genasci-Smith '19 Lex Kang '21 Anne Pinkney '20 Emma Rodriguez '20 Alex Rossillo '21 Brie Sheehan '20 Grant Two-Bulls '19 SVPP Update designed by: Emma Rodriguez '20

## Student Advisory Board

Olivia Audsley '21 Connor Bondarchuk '19 Andrew Bricklin '23 Carly Brown '22 Jane-Murray Bryan '23 **Caroline Casey '21 Chris Cheng '21 Djemila Compaore '23** Sara Catherine Cook '23 Jesse Ferraioli '23 Dan Fishbein '19 Rachel Florman '21 Elizabeth Fournier '19 Alyssa Gao '20 Izzy Hillman '23 Hannah Hua '20 **Amanda Jiang '21** Lex Kang '21 Snow Kang '21 Osman Khan '21

Erin Kim '23 Zach Lana '23 Rachel Lincoln '20 Sabrina LiShen '21 Julia Luo '23 Connie Lu '22 Eliza Mahoney '22 Rohini Mandal '21 **Avery Mata '19** Katherine McCreery '19 **David Millman '23** Joslyn Mixon '22 Alaa Nafea '20 Morgan Pak '21 **Devin Proctor '19 Uma Ramesh '20** Faydra Richardson '20 Emma Rodriguez '20 Priscilla Salovaara '19 Ryan Slaughenhaupt '21

## Student Athlete Advisory Board

Chris Bacotti '20 Alex Conway '20 Wyatt Genasci-Smith '19 Jack Kerin '20 Micha Croom '20 Maggie Deppe-Walker '21 Georgia Alexander '22 Hannah Frater '21 Shanthi Hiremath '20 Sarah Ross '20 Kayla Wormsbecher '21 Sabrina Jain '22 Lily Fauver '21 Nina Paripovic '22 Julia Baylis '21 Mikayla Hubner '21

2019-2020

**GLC: DBI Co-Facilitators** 

Sajid Ahsan '20 Morgan Gelber '20 Kenya Jacob '20 Liam Jolley '20 Abby Meyers '20 James Park '20 Michael Robelo II '20 Demi Stratmon '20