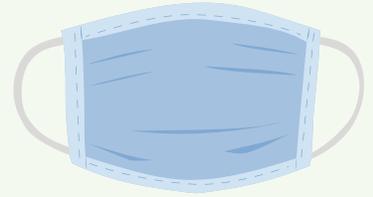# COVID-19 Prevention Kit
Why do I need this?

Face coverings may help prevent people who have COVID-19 from spreading the virus to others. Wearing a cloth mask will help protect people around you.

Wear a face covering in public settings when around people who don't live in your household, especially when it may be difficult for you to stay six feet apart

Face Coverings

Thermometer

Symptoms of COVID-19 include fever and chills, as stated by CDC. A temperature above 100.4 degrees Fahrenheit or 38 degrees Celsius.

Dartmouth members are asked to take their temperature and fill out the Temperature Screening Assessment (TSA) daily.

Dartmouth members are encouraged to wash their hands frequently for at least 20 seconds with soap and water.

If soap and water are not available, CDC recommends consumers use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Hand Sanitizer

Disinfectant Wipes

Cleaning of visibly dirty surfaces followed by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses in households and community settings.
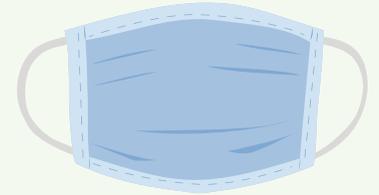
COVID-19 Prevention Kit

How do I use this?

Wash your hands before putting on your face covering
Put it over your nose and mouth and secure it under your chin
Try to fit it snugly against the sides of your face
Make sure you can breathe easily

Face Coverings

Thermometer

Use the thermometer daily prior to filling out your Temperature Screening Assessment (TSA). Please see instructions on packaging.

When using hand sanitizer, apply the product to the palm of one hand (read the label to learn the correct amount) and rub the product all over the surfaces of your hands until your hands are dry.

Hand Sanitizer

Disinfectant Wipes

Dartmouth members are encouraged to use disinfectant wipes to wipe down common surfaces after usage, such as tables, desks, doorknobs, computers,etc.

STUDENT WELLNESS CENTER
DARTMOUTH COLLEGE

For more information please scan this QR Code