## Strategies to Create Lower-Risk Parties, Events, and Communities

- **Review & uphold College** <u>Alcohol Management Policies (AMP)</u> like checking IDs, using wrist bands, TIPS trained bartenders, not serving batch or hard alcohol, third party security, etc.
- Register all events in which alcohol will be served (Tier I, II, III).
- o If hosting events with alcohol, only serve drinks in closed containers to prevent tampering.
- **Post signs** or let guests know who they can reach out to and how, if they need help.
- Provide water, other non-alcoholic beverages, and food at parties/events in an accessible location.
- o Offer non-alcoholic beverages before offering drinks with alcohol.
- If hosting events far from campus, **provide independent transportation** in case someone wants to leave before their date (e.g., sober drivers, Uber, bus/car that leaves early, etc.).
- Host a large late-night event on an on-night, without alcohol, to authentically connect with others to reinforce that you can also have fun without alcohol.
- Regularly hold full-house Risk Meetings to cover the risk of events and proper actions to take in certain scenarios.
- Assign responsibilities like sober members, door duty, who's doing rounds. Have older/sober members do rounds during parties to keep an eye out for people in need of help, including in concerning areas like bedrooms, bathrooms, dark corners, etc. Have sober members stay until the last guests leave and do a walk-through to help ensure no one is really drunk or passed out.
- Make sure all members are fully aware of their responsibilities before placing them on a duty. Two (2) at the door, two (2) on the floor, and two (2) behind the bar.
- Communicate w/ co-hosts about who's on 'Risk,' and where to find first-aid kits and Narcan.
- Report any prohibited practices through the LiveSafe App, <u>anonymous reporting form</u>, or by calling or emailing Safety and Security. Reports are most helpful '*in the moment*,' especially if you choose to remain anonymous. Providing details about where, what, when, and who allows for meaningful follow up to your report.
- Avoid creating a "corridor of members" in which guests must walk through to get somewhere.
- If you use substances, including alcohol, use in low-risk ways so you can still be a resource and active bystander for guests.
  If you are unsure what low risk is for you; participate in <u>BASICS</u> (and encourage others to do so!)
- Have all members complete <u>Alcohol</u> or <u>Cannabis</u> eCheckUpToGo. Host a discussion about supporting each other in making changes to socialize in low-risk ways.
- Keep an eye out for concerning behavior or people who look uncomfortable and **intervene to prevent harm**. (DBI, Do something yourself, Bring others in, Ingenious alternatives) and **back others up when they intervene**.
- o Cut people off who have had too much to drink, get them water & food, and keep an eye on them.
- Make sure people who are drunk/high get home safely. Have a sober person stay to monitor them and/or call a Good Sam if needed, 603-646-4000.
- Reduce the frequency of alcohol being served in the house (meetings, parties, events). Serve <u>Non-Alcoholic (NA) drinks</u> and <u>NA beers</u>.
- Make <u>BAC cards</u> available so that guests can plan their alcohol consumption and monitor their intoxication levels. (You can pick them up at the Student Wellness Center, 3rd floor Robo)
- o Afterwards, talk with members about how the event went and any changes you can make for future events
- o After the party/event, acknowledge members who intervened and thank them publicly