

# SOPHOMORE YEAR CHECKLIST

## AM I ON TRACK TO GRADUATE?

- First-Year requirements: Writing 2/3 or 5 & First-Year Seminar
- Foreign language requirement completed or in progress (by 7th term)
- PE credit in progress or completed
- Swim test (more info to come)
- Approved major plan on DartHub (by the end of 5th R term)

## QUESTIONS FOR REFLECTION:

- What do I enjoy studying?
- Who do I see for academic support?
- What extracurricular activities do I want to engage in?
- Is research something I want to pursue?
- How will I spend my leave terms?
- What programs and opportunities do I want to apply for?
- Who is and can be part of my network of support?
- How have I been balancing both my academic and non-academic commitments?
- Who would be someone (faculty/staff/other) that could write a letter of recommendation for me?

## HAVE YOU CONSIDERED...

- Scheduling an academic coaching appointment with the Academic Skills Center?
- Seeking support from a peer advisor?
- Reaching out to RWIT for help with a paper?
- Contacting the Center for Professional Development for resume/cover letter help, etc.?
- Working with a Dartmouth faculty member on research?
- Applying for leave-term funding? (take note of application details and deadlines)
- Meeting with your Undergraduate Dean or attending our drop-in hours?
- Applying for a study abroad program?
- Pursuing a transfer term or exchange program? (take note of application deadlines)