

Sophomore Year Checklist

Am I on Track to Graduate?

- First-Year requirements: Writing 2/3 or 5 & First-Year Seminar
- Foreign language requirement completed or in progress (by 7th term)
- PE credits (3) completed or in progress
- Swim test (if not, plan a term in which to do so)
- Declared major plan on DartHub (by the end of 5th R term)

Questions for Reflection:

- What do I enjoy studying?
- Where do I go for academic support?
- What extracurricular activities do I want to engage in?
- Is research something I want to pursue?
- How will I spend my leave terms?
- Are there on-campus programs and opportunities that I want to apply for?
- Who is and can be part of my network of support?
- How have I been balancing both my academic and non-academic commitments?
- Who would be someone (faculty/staff/other) that could write a letter of recommendation for me?

Have You Considered...

- Utilizing the Take a Faculty Member to Lunch program through our office?
- Scheduling an academic coaching appointment with the Academic Skills Center?
- Seeking support from a RezXpert, Resident Fellow, Teaching Science Fellow or Senior Academic Mentor?
- Meeting with an RWIT tutor for help with a paper?
- Visiting the Center for Professional Development for resume/cover letter help, etc.?
- Working with a Dartmouth faculty member on research?
- Applying for leave-term funding? (*take note of application details and deadlines*)
- Meeting with your Undergraduate Dean or attending our drop-in hours?
- Applying for a study abroad program?
- Pursuing a transfer term or exchange program? (*take note of application deadlines*)