

# Junior Year Checklist

## for the Class of 2017



During your Junior year we suggest you check off all of the boxes on this list!

### ACADEMIC

#### DegreeWorks

- I have completed or have worked into my D-Plan my **distributive** and **world culture** requirements.
- I have completed my **language requirement**.
- I know the number of **courses that remain** for me to **complete my degree**.  
Pay special attention to credits applied and credits completed. These are two different numbers – don't let them fool you!
- PE credits** are complete, or I know how I will be completing them.  
Aim to have this done by the end of this year and you will not have to worry about it next
- I have taken the **swim test**.  
If you don't know how to swim, think about taking a PE course!

#### Major Requirements

- I can confirm that I have **declared my major**.
- I have met with my **major advisor**.  
if you do not have one, find one (refer to [Sophomore Book](#)).
- I have double-checked the **courses I have listed in my major** against my D-Plan  
If they have changed make sure this change is acceptable to the department.
- I have revised my **major card** (if necessary).



#### Editing D-Plan

- My **D-Plan** reflects my plan for the year.
- I have checked-in with **financial aid** (if necessary) because my D-Plan has changed.
- I know what I will need to do with **Undergraduate Housing** so I have a room the terms I will be on campus.

### CAREER (not just a job)

#### Post-graduate Opportunities

- I have spoken with someone about my **post-graduate** plans.  
This can include opportunities such as the Peace Corps, volunteer work or further research.
- I know what **graduate exams** I need to take and have identified someone to help me with this process.
- I can list three people I will use on my **reference/recommender** list
- I have spoken to UGAR (**Undergraduate Research and Advising**) regarding Scholarships and Fellowships.  
This may not apply to all.

#### Utilizing the December Break

- I have an opportunity to **further my knowledge for the future** – I will be (choose at least one):
  - Job shadowing** or have an **internship**
  - Volunteering**
  - Networking**
  - Actively applying to **Leave Term internships**
  - Studying** for post-graduate exams or **completing** post-graduate applications
  - Intentional self-care, rejuvenation, deep breaths of restoration ... don't forget to take care of YOU!*

## CAREER continued ...

Leave Term Opportunities (You must check at least one – think fall, winter, spring, summer.)

- I will be partaking in an opportunity to **gain academic credit** - LSA/FSP/Exchange/Transfer.
- I will be partaking in a non-credit opportunity– **research/internships/volunteer work**.

Center for Professional Development

- I have a **resume**.
- I know how to **network** and have spoken to people in my **field of interest**.
- I know how to find **potential career opportunities**.
- I have participated in an **actual interview or a mock interview**.
- I have utilized Tucker, Dickey, Rocky, UGAR or a faculty member to **further my knowledge** about my field of interest.
- I have practiced being in a **professional setting**.

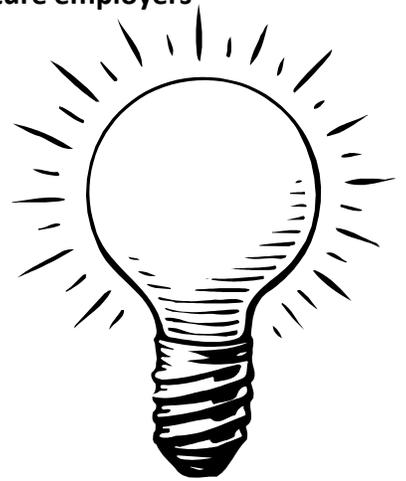
Managing my Online Presence

- I have a **profile** on LinkedIn and know how to use it.
- I have double-checked my online presence for **appropriateness for future employers** (Facebook, Blogs, Articles, Instagram, Twitter).

## PERSONAL

Reflection

- I have taken the time to think about **who I am**.
- I have taken the time to think about **who I want to be**.
- I have taken the time to think about **how I get there**.
- I have identified **people that can help** me on this journey.



Goal Setting

- I know what I want to accomplish **long term**.
- I know what I want to **accomplish before I graduate**.
- I know what I want to **accomplish before the end of junior year**.
- I know what I want to **accomplish before the end of this term**.

Mentors

- I have at least **one mentor**.
- I talk to my mentor(s) about my **plans for the future**.
- I ask my mentor(s) for **guidance** when appropriate.
- I know how to **use my mentors**.

Leadership

- I have attended a session or talked with someone about how to **lead and/or follow effectively**.
- I have found a **leadership or followership** opportunity.
- I have found an opportunity that is **longer than one term**.



Dean Teoby Gomez and Dean Larissa Hopkins  
Undergraduate Deans Office  
Carson Hall, Suite 125      603-646-2243

