

Get Involved Planning Worksheet

There are many ways to **GET INVOLVED** at Dartmouth. Please use this worksheet to help you think about your interests/goals and how they translate to involvement on campus.

Part 1: REFLECT

1. What are my interests and passions? This could include activities you participated in high school or anything that you are passionate about.
2. What is important to me? What are some of my values and goals?
3. How can I best contribute my skills and talents?
4. What do I hope to learn/gain from being involved in an extracurricular activity?

Part 2: EXPLORE

Recommended places to explore and learn about student organizations and opportunities on campus.

- Explore **Dartmouth Engage**, our student organization management system, to learn about different groups on campus. <http://Engage.Dartmouth.edu>
- Attend the **Student Involvement Fair** during **New Student Orientation** to connect with organizations and meet other students with similar interests.
- Visit departmental websites to learn more about involvement opportunities. <http://home.dartmouth.edu/life-community/student-groups-activities>
- Contact groups directly if you have specific questions.

Part 3: PROCESS/TRY/COMMIT

After learning about various student organizations/involvement opportunities, ask yourself:

1. What groups/involvements am I interested in?
2. How do my interests/passions align with the involvement opportunity/student organization?
3. Is there anything new that I discovered or found interesting that would be worth pursuing?
4. Will this fit my schedule? Can I be committed to this involvement/activity?