Sophomore Year Checklist

AM I ON TRACK TO GRADUATE?
☐ First-Year requirements: Writing 2/3 or 5 & First-Year Seminar.
☐ Foreign language requirement completed or in progress (by 7th term).
☐ PE credits in progress or planned.
☐ Approved major plan on DartHub (by the end of 5th R term).

QUESTIONS FOR REFLECTION:
☐ What do I enjoy studying?
☐ Where do I find academic support?
☐ What extracurricular activities do I want to engage in?
☐ Is research something I want to pursue?
☐ How will I spend my leave terms?
☐ What programs and opportunities do I want to apply for?
☐ Who is and can be part of my network of support?
☐ How have I been balancing both my academic and non-academic commitments?
☐ Who might I consider asking to write a letter of recommendation (faculty/staff/other)?

HAVE YOU CONSIDERED...
☐ Scheduling an academic coaching appointment with the Academic Skills Center?
☐ Seeking support from a peer advisor?
☐ Reaching out to RWIT for help with a paper?
☐ Contacting the Center for Professional Development for resume/cover letter help, internship planning and other leave term activities, connecting with alums, etc.?
☐ Working with a Dartmouth faculty member on research?
☐ Applying for leave-term funding or a national fellowship (Take note of application details and deadlines).
☐ Meeting with your Undergraduate Dean or attending our drop-in hours?
☐ Applying for an off-campus program?
☐ Pursuing a transfer term or exchange program? (Take note of application deadlines).
☐ Talking with the Student Wellness Center about strategies for taking care of your personal health and well-being?