

# **SCHWEITZER FELLOWSHIP PROGRAM AND APPLICATION INFORMATION**

## **OVERVIEW**

The New Hampshire/ Vermont (NH/VT) Schweitzer Fellows Program is a one-year interdisciplinary, mentored Fellowship program that aims to improve health outcomes for under-resourced populations in New Hampshire and Vermont and develops lifelong leaders who are committed to addressing health disparities in the community. Fellows learn how to:

- Use their skills and knowledge in real-life situations
- Become culturally sensitive and compassionate professionals
- Understand the impact of social and environmental determinants of health ○ Build capacity for, and commitment to, improving the health status of individuals and communities as well as contributing to social change

Upon successful completion of the Fellowship year, Fellows can participate in an alumni network of over 3,500 Fellows for Life.

## **DEFINING HEALTH**

Schweitzer Fellows focus on health as defined by the World Health Organization (WHO): a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. Rooted in this holistic understanding of health, Schweitzer projects address not only clinical health issues, but also the social determinants of health—defined by the WHO as the conditions in which people are born, grow, live, work and age, and which are mostly responsible for health disparities.

## **ELIGIBILITY**

Students must be enrolled in graduate or professional degree-granting programs throughout the Fellowship year (April 2023-April 2024).

## **BEFORE APPLYING**

Prospective Fellows should be prepared to partner with a local community agency and design a community project that seeks to meet a community-defined need and that provides direct service to an under-resourced population. The project should focus on addressing an unmet health need and/or a social determinant of health.

The project should:

- Provide a direct service that meets a community-defined need and reflects national and local community priorities. Prospective applicants should investigate and reflect on unmet local health-related needs and think through how their energies and talents might contribute, even in small ways, to ameliorating one or more of these challenges. Applicants are strongly encouraged to communicate with potential community partners before submitting their applications and to be specific in their proposals about their

- relationship with their community partner.
- Be of enduring value to the community partner. The project proposal should include a brief discussion about the sustainability of the project at the end of the Fellowship year.

Applicants identify an academic mentor at their school and a site mentor at the organization where they propose to conduct their project.

Applicants should be creative in developing their proposal. They may choose to develop a unique project in keeping with Dr. Schweitzer's directive that everyone should find their own special place and way of serving. Alternatively, applicants may find inspiration by reviewing [current](#) and [past](#) Fellows' projects in New Hampshire /Vermont and projects at other [chapters](#).

Applicants should keep in mind that they may utilize their unique experience and expertise to expand upon a past Schweitzer project but should not simply duplicate or continue one that has been carried out previously.

Research, fundraising, and policy-based projects are not considered eligible for a Schweitzer Fellowship. Applicants should contact the Program Director if they would like to request assistance in identifying a project and/or a project site.

We accept individual and paired project applications. We do not accept applications from groups larger than 2.

## **REQUIRED ACTIVITIES OF FELLOWS**

**Orientation and Retreat:** Fellows must attend a day-long Orientation in April 2023 and Mid-year Retreat in September 2023.

**Community Project:** Working in collaboration with a local community organization, each Fellow designs and implements a community project of at least 200 hours that addresses an unmet community health need. Each Fellow will work under the supervision of a Site Mentor from the participating organization and an Academic Mentor of the student's choice from the student's current academic institution. The Schweitzer Program Director is available to provide support and guidance throughout the Fellowship year. The 200 hours must be conducted separately from any school course requirement. Monthly meetings and other Fellowship programming/reports are not part of the required 200 hours. At least half of the 200 hours must be spent in direct, face-to-face contact with project participants. These direct service hours do not include administrative duties or research. In designing a project, applicants should carefully consider the issues of evaluation and sustainability and include their ideas for addressing these aspects of the project.

**Reports:** Fellows are required to submit monthly reports about their activities and a comprehensive written final report to their Program Director, Academic Mentor, and Site Mentor.

**Evaluation:** Fellows are required to complete a pre-and post-survey for the Fellowship. Each Fellow's Site Mentor also must complete a final site mentor survey. These surveys are in addition to each Fellow's evaluation plan for his/her project.

**Monthly Meetings:** Fellows are required to attend all monthly meetings at their school.

**Public Outreach:** Fellows work together in groups to organize a public outreach activity that may take the form of public symposia and/or group service activities.

**Recruitment:** In the fall of each year, Fellows work with the Program Director to organize information sessions about the Schweitzer Fellows Program and present information at their schools about their Fellowship experiences.

**Stipend:** Fellows receive a stipend of \$2,000, distributed in 2 payments as specific program objectives are completed.

**Celebration of Service:** Fellows are required to attend a Celebration of Service in their honor in April 2024.

## **INFORMATION SESSIONS**

Information sessions will take place during November and December 2023. Applicants are strongly encouraged to attend an information session before completing an application. Applicants unable to attend an information session can contact the Program Director for more information.

## **DEADLINE**

FEBRUARY 5, 2023

## **FOR MORE INFORMATION, PLEASE CONTACT**

Nancy Gabriel  
Director, NH/VT Schweitzer Fellows Program  
E: [nancy.e.gabriel@dartmouth.edu](mailto:nancy.e.gabriel@dartmouth.edu)