



DARTMOUTH

To all students, faculty, and staff,

Three reported cases of measles have now been confirmed in the Upper Valley, according to the New Hampshire Department of Health and Human Services. The two most recent cases follow [the initial case reported last month](#) in an international visitor who was on campus and in Hanover from June 16 to 22.

State health officials have informed us that a Vermont resident is the second case, confirmed by the Vermont Department of Health. The third case is a New Hampshire resident whose case was confirmed by that state, on July 8. Both people likely had contact with the international visitor.

Measles is a highly contagious disease caused by a virus. Symptoms typically appear seven to 14 days after contact with the virus and include a high fever, cough, runny nose, watery eyes, and a rash.

All Dartmouth students are required to have the measles, mumps, and rubella vaccine to register for classes, with the exception of students who have a religious or medical exemption for this vaccine. The MMR vaccine provides long-lasting protection against all strains of measles.

Those who have not been vaccinated are at risk of catching measles. People are also at higher risk if they are immunocompromised, pregnant, or under the age of one.

Should you have concerns for your personal exposure risk or clinical symptoms, whether or not you have been vaccinated, please access the following health resources:

- Students can contact the [Dartmouth College Health Service](#) for advice. To make an appointment to be seen, call 603-646-9401 or to speak with a nurse, call 603-646-9440. During summer term, the health service is open weekdays from 8 a.m. to 4 p.m. A medical provider and counselor are on call 24 hours a day for urgent concerns. For emergency concerns, students should call 911 or Safety and Security, at 603-646-4000.
- Employees and visitors to campus can contact their primary care provider for further guidance.
- Those who have not been vaccinated or are at higher risk can contact their health care provider for recommendations.
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More information about measles is available from the [U.S. Centers for Disease Control and Prevention](#). The [New Hampshire Department of Health and Human Services](#) can be reached at 844-275-3447 and the [Vermont Department of Health](#) is at 802-863-7200.

The Dartmouth Health Service remains committed to keeping you healthy and safe.

Sincerely,

Estevan Garcia, M.D.

Chief Health and Wellness Officer

