



REMOTE LEARNING TIPS FOR PARENTS

Hours: 8:00AM-4:30PM EST -- Dartgo.org/AcademicSkills -- (603)646-2014 -- Academic.Skills.Center@Dartmouth.edu

This is a difficult time for both students and parents, who are finding themselves having to adapt in various ways to this unexpected and uncertain situation. The Academic Skills Center offers a few tips parents can use to facilitate this transition to remote learning.

MINDSET

Remember that despite being at home, students have many academic, social, and other obligations. Being a full-time student is a full-time job.



PHYSICAL SPACE

Students will need a quiet space with a tabletop surface to attend classes, participate in group projects, study, do homework, and other work associated with being a full-time student.



Discuss how to share quiet work spaces, internet bandwidth, and other important resources.

TIME/SCHEDULE

Students might have obligations that happen at odd times, especially for those outside of Dartmouth's time zone. Some classes or professor office hours might be set at times that are inconvenient for your household.



Ask about their schedule and try to work through how to reduce potential disruptions.

EMOTIONAL SPACE

Remember that your students are capable and have been living independently at Dartmouth or looking forward to the freedom of college life. Unless they ask you for help, trust that they know what their school obligations are without any reminders.



Agree on some shared expectations (chore contributions, private times, etc.) so that you can support each other while also giving each other the necessary emotional space.