



exam preparation tips & test-taking strategies

Active Review

- Do practice problems
- Make 3 x 5 cards
- Recite what you know
- Anticipate questions and answers
- Make “summary sheets”
- Review past exams
- Study with a group

Before the Exam

- Get plenty of sleep the night before
- Diet and exercise properly
- Eat a hearty breakfast the morning of the exam
- Avoid panicking the last minute
- Avoid last minute interference

During the Exam

- Be confident! You can do it!
- Look over the entire test first
- Follow directions!
- Answer questions that are easy or questions you know first

Essay Questions

- Outline what you plan on writing first
- Read over all the questions carefully first
- Write the “easy” essays first
- Underline your main idea
- Answer the question in first sentence or paragraph
- Be direct and specific
- Answer the question!